# Mnemo Tutorial - Written

### Logging in

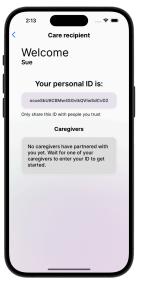
First, open the app on the senior/care recipient's phone and click "Senior/Care recipient"



Then, fill out the fields as shown. The name section should be filled with the name of the senior/care recipient and the age is the age of the care recipient. Click continue once done.



Your Mnemo ID will then show up. Click to copy or send this ID to your loved one/caregiver that is helping set up the app.



A loved one/caregiver must connect with you before you move on.

Next, open the app on the loved one/caregiver's device and click on "Loved one/Caregiver"

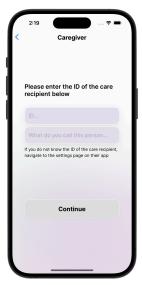


Fill out the fields as shown. The name is the name of the loved one/caregiver and the title section should be filled with the role they play or relationship they have with the

senior/assisted user (i.e. "grandson," "daughter," or "caregiver"). Click continue once done.



Again fill out the fields as prompted. The ID is the ID that is shown on the care recipient's device. The second field describes what you would call this person (i.e. "Grandma"). Click continue once done.



You will then be redirected to the homescreen where you will be able to send memories and set reminders. See section "Navigating as a loved one/caregiver" to learn more.

On the care recipients screen, the caregiver's name should appear along with a continue button. You may click the continue button to get started. See section "Navigating as a care recipient" to learn more about how the care recipient's app works.

### Navigating as a loved one/caregiver

#### **Sending a memory:**

From the home page, click the "Send memory" button at the bottom of the screen.

Fill out all of the feilds, you may have to allow access to camera and microphone. The voice memo recording should be description of the memory, how the memory made you felt, or anything that you would like the care recipient to hear while viewing the memory.

Once all fields are filled out, click the send button and wait for the success screen to show up.

You can view all of the memories you have sent on the home page, and clicking on a specific memory will show you more details such as if and when the memory was viewed. If an emoji shows up on the top left of the image, it means that the care recipient responded to the memory with an emoji.

#### **Setting a reminder:**

From the home page, click the "Reminders" button at the bottom of the screen.

Here, you can view all of the reminders that you have previously set for the care recipient. To set another memory, click "Set a memory" at the bottom of the screen.

Fill out all of the fields before clicking send. Wait for the success screen to appear before moving on.

#### Adding/switching care recipient:

To add another care recipient, navigate to the settings page using the gear icon on the top right of the screen. Click the "Add connection" button and input the care recipient's ID and what you call them (note: to find the care recipient's ID, view the "Navigating settings page" in the "Navigating as a care recipient" section).

If you have multiple care recipients, to switch who you are sending a memory to, tap on their name on the top left of the home screen. A sheet will appear on the bottom, and you can click on the recipient you would like.

#### **Deleting account:**

Navigate to the setttings page by clicking the gear icon on the top right of the screen. Click on the "Delete account" button and confirm delete.

## Navigating as a care recipient

#### **Viewing upcoming reminders:**

Open the app and you will be greated with the home screen. This screen shows you a summary of your memories and reminders. Your upcoming reminders will be listed under "Upcoming".

#### View memories:

From the home screen, just swipe downwards (from bottom to top). All of your unseen memories will be at the top. To listen to the memory, click the big play button in the middle. Once listened to, a panel with an array of emojis will appear. You may respond to the memory with an emoji reaction. Also, once played, the memory will be marked as viewed, and will be moved below the viewed seperator (a purple screen that shows you when you have viewed all of the unseen memories). Once you have reached the viewed seperator, all subsequent memories will be ones that you have already seen, but you are able to listen back to them if you please.

#### **Navigating settings page:**

To access the settings page, tap three times quickly on the home page. A sheet will slide up from the bottom showing the user's ID, caregivers, and an option to sign out.